

# **National Safety Council's Defensive Driving Course**

## **Defensive Driving Fact Sheet**

The Ohio Department of Transportation's (ODOT) Office of Transit and the Ohio Department of Aging (ODA) are both members of the Statewide Transportation Coordination Task Force. Goals of the task force include reducing duplication of effort and making better use of existing resources in fostering transportation coordination. One area where ODOT and ODA have worked successfully together is in co-sponsoring training. Drivers from both the aging network and the transit/coordination network often serve the same populations, and it is important that they have similar skills.

The National Safety Council's four-hour defensive driving course meets the training requirements of the Ohio Department of Aging's PASSPORT Medicaid Waiver rules, Title III, and Senior Community Service Block Grant. It also meets the training requirement of the Ohio Department of Transportation, Office of Transit for transit systems, coordination projects, and Specialized Transportation Program agencies.

The objectives of the Defensive Driving Course-4 are:

- To increase awareness of the risk and hazards in adverse driving conditions;
- To provide defensive driving techniques to reduce the risks and hazards of the driving conditions;
- To identify common unsafe driving behaviors that result in crashes and violations;
- To explain how specific conditions may increase the hazards and risks to these unsafe behaviors;
- To explain defensive driving techniques to reduce the incidence of these unsafe drive behaviors;
- To identify aggressive driver behaviors that result in crashes and violations;
- To increase awareness of personal aggressive driving behaviors;
- To identify causes of aggressive driving actions; and
- To identify defensive driving techniques to avoid confrontations with aggressive drivers and to create a personal plan to maintain control in stressful driving situations.

The course will assist drivers in learning:

- The collision prevention formula;
- The two second rule;
- How to apply the 4 Rs; and

- What to do when being tailgated by another vehicle.

As an organization, you will be more likely to:

- Reduce accident rates;
- Control insurance premiums;
- Limit liability; and
- Reduce injuries and time lost from work.

The National Safety Council issues certificates upon successful completion of the class.